

START YOUR RECOVERY TODAY
(800) 604-2117

Guide to Effective Addiction Treatment

11 Indicators of Effective Treatment

As Outlined by *Psychology Today*

1. Assessment and Treatment Matching to Individual
2. Integrated Treatment Approach (Mental, Physical, Spiritual)
3. Emphasis and Assertive Linkage to Subsequent Phases of Treatment and Recovery Support
4. Dignified Environment
5. Family/Loved Ones Involvement in Treatment
6. Employ strategies to Help Engage and Retain Patients in Treatment
7. Evidence-based Practices
8. Qualified Staff, Well-Trained Staff
9. Personalized Approaches
10. Measurement of Program Performance and Patient Progress
11. External Accreditation from Nationally Recognized Quality Monitoring Agencies

Effective Addiction Treatment at Hickory Recovery Network

Addiction treatment that offers the highest quality of care.

TREATMENT SPECIALTIES

- On-site detox with 24-hour care
- Substance Abuse and Chemical Dependency
- Alcohol Addiction
- Co-Occurring Addictions
- Dual Diagnosis
- Relapse Management and Prevention
- Medication Assisted Treatment (MAT)
- Anger Management Program
- Myth of Marijuana Addiction Treatment
- Peer Recovery Coaches
- Personalized Case Management

TREATMENT MODALITIES

- Individual and Group Therapy
- Cognitive Behavioral Therapy (CBT)
- Dialectical Behavior Therapy (DBT)
- SMART Recovery
- Yoga
- Self Help Groups
- Music & Art Therapy

Treatment Experience

The Hickory Recovery Network includes Alcohol and Drug Treatments Centers located throughout Indiana. Simply call to speak to an Admissions Specialist to find your best fit and best program.

Personal Consultation

We know that every addiction is different. That's why we provide a personal consultation with our rehab experts to build a detox and treatment plan that is tailored to your specific addiction and personal requirements.

Insurance Plans Accepted

- Anthem HIP
- Care Source HIP
- Healthy Indiana Plan (HIP)
- Traditional Medicaid
- MD Wise HIP
- MHS HIP
- Presumptive Eligibility Medicaid
- Hoosier Healthwise
- Hoosier Care Connect



Source: www.psychologytoday.com/us/blog/addiction-recovery-101/2017/10/what-is-good-addiction-treatment-program
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Experts in treating

- ✓ Alcohol
- ✓ Heroin, Fentanyl and Opioid
- ✓ Cocaine
- ✓ Prescription pills
- ✓ Methamphetamine

Co-occurring disorders:

- ✓ Depression
- ✓ Anxiety
- ✓ PTSD
- ✓ Trauma

Locations

- Corydon, Indiana
- Indianapolis, Indiana
- Linton, Indiana
- Rockville, Indiana

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hickorytreatmentcenters.com

28-Day Residential Treatment

"Take the Time to Work On You"



"It feels like family, like home. I felt safe. I appreciated the hug when I walked in the door."

Hickory Treatment Graduate



Suggested for Family/Friends
Codependent No More
by Melaine Beattie

"Families and friends need to make sure they aren't taking on their loved ones' recovery."

www.al-anon.org
FAQs, Find a Meeting

